

**ENT/Sleep Medicine/Facial Plastic**

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Name _____

Appointment _____

Cost of allergy testing is \$515. If you would like to check with your insurance for your out of pocket expense, the procedure code is 95004. If you have any questions, you may contact the billing department. Thank you.

Instructions for Allergy Testing

Do not take the following (or any other) antihistamines for 7 days prior to your skin testing:

Benadryl (diphenhydramine)	Clarinet
Claritin (loratadine)	Vistaril
Zyrtec (cetirizine)	Atarax
Allegra (fexofenadine)	Seldane
Xyzal	

If you are currently on any of the following Tricyclic Antidepressants please notify your physician or allergy nurse.

Adapin (doxepin)	Elavil (amitriptyline)
Nortriptyline	Imipramine
Protriptyline	Anafranil (clomipramine)
Desipramine	

- Do not take any other prescription or over the counter cold or allergy medications.
- You CAN NOT be tested or treated if you are taking a Beta Blocker medication. Beta Blockers are often prescribed for high blood pressure, cardiac problems, eye problems, and migraines. They can either be in pill form or in the form of eye drops.
- Allergy testing takes up to 45 minutes to complete.
- Please wear short sleeves or a sleeveless shirt the day of testing.
- If you are prescribed a rescue inhaler, please bring it the day of testing.
- If you are not feeling well or are running a fever of 100.5 or greater the day of testing, you will need to reschedule.
- You will be tested for environmental allergies ONLY.
- Typically, we do not test for food allergies.
- Our allergy nurse has blocked off a 1 hour time slot for your testing. Since this is such a large amount of time, we ask that you honor this appointment or call as soon as possible to cancel or reschedule.
- If your insurance requires a referral, please be sure your referral is current. In the event that you begin allergy immunotherapy, it is important that you maintain a current referral. This way you can notify your primary care doctor of the need for an update.
- **Please do not hesitate to call with any questions.**